

# TAKE AWAY MENU

## FRIDAY, SATURDAY & SUNDAY 9- 3

**Almond & Fig Sourdough Fruit Toast \$7**

### **House Granola (v) 16.5**

Organic oats, nuts & seeds toasted in organic coconut oil, maple syrup & lemon myrtle (Australian bush spice) served with vanilla bean coyo fresh fruit & vegan lemon curd

### **Scramble Tofu(v) 14.5**

organic tofu, caramelised onions, spinach, fresh herbs, tamari, sourdough

### **Free Range Eggs**

poached or fried **1 egg 8.5, 2 eggs 10.5, Scrambled 12.5, Half serve 9.0**

### **Breakfast Sides**

Free-Range Bacon(gf) !/2 serve **4.0** Full serve **6.0**, Avocado(v)(gf) **4.0**,  
Grilled Halloumi(gf) **5.0**, Garlic & thyme mushrooms(v)(gf) **4.0**,  
Roasted tomato(v)(gf) **3.5** Wilted Spinach(v)(gf) **3.5** Extra egg(gf) **3.5**  
Homemade Tomato Chutney(v)(gf) **2.0**

### **Lentil & Vegetable Soup(v) 12.0**

homemade soup, vegetables, lentils, sourdough

### **Egg & Bacon Roll 10.50**

with caramelised onion and house made chutney

### **B.L.T**

free-range bacon, lettuce, tomato, organic turkish bread, aioli **14.5** With Avo **16.5**

### **Earthy Pleasures Buddha Bowl(v)(gf) 19.5**

Brown rice, spiced black beans, kale slaw, coconut oil roasted sweet potato, char grilled broccolini, Beetroot hommus, stir-fried greens & hemp seeds

### **Field Mushroom Burger (v) 17.5**

roasted field mushrooms, bourbon & espresso bbq glaze, cabbage & Kale slaw, vegan aioli, organic bun

### **Free-Range Beef Burger 18.5**

grass-fed beef, free-range smoked bacon, cos lettuce, cheddar cheese, caramelised onion, house-pickled zucchini & beetroot, earthy pleasures bourbon & espresso bbq sauce, organic bun.

add fried free-range egg **3.5**

Make it Hot & Spicy With Pickled Jalapeno's & Sriracha **3**

### **Cheeseburger 12.5**

grass-fed beef, cheddar cheese, cos lettuce & tomato sauce, organic bun

### **Chicken & Pesto Toastie (not available gluten free) 16.5**

free-range chicken breast, avocado, Meredith Dairy goats cheese, pesto, turkish bread

### **Vegan Toastie(v) (not available gluten free) 16.5**

mushroom, spinach, roasted capsicum, vegan feta, pesto, turkish bread

### **Bowl of Chips (v) 8.0**

As a side **4.5**