

**Organic Burnham Bakery Toast** 6.5  
 w/ butter & jam, vegemite, marmalade or peanut butter  
 sourdough / pumpkin seeds & grain

fruit toast 7.5

**H.A.L**

hummus, avocado & lemon on sourdough(v) 12.5  
 add poached egg 3

**Homemade Banana Bread(v)** 8.0  
 With sesame, sunflower seeds & pepitas 2 pieces 12.5

**House Granola (v)**

Organic oats, nuts & seeds toasted in organic coconut oil,  
 maple syrup & lemon myrtle (Australian bush spice) served with  
 vanilla bean coyo fresh fruit & vegan lemon curd 16.5

**Scramble Tofu(v)** 14.5  
 organic tofu, caramelised onions, spinach,  
 fresh herbs, tamari, sourdough

**Free Range Eggs**

poached or fried 1 egg 8.5  
 2 eggs 10.5  
 Scrambled 12.5  
 Half serve 9.0

**A Little Something Extra**

free-range bacon(gf)	6.0		
½ serve bacon	4.0	herb roasted tomato(v)(gf)	3.5
avocado(v)(gf)	4.0	wilted spinach(v)(gf)	3.5
grilled halloumi(gf)	5.0	spiced house beans(v)(gf)	4.0
vegan halloumi(v)(gf)	5.0	extra egg(gf)	3.5
garlic & thyme mushrooms(v)(gf)	4.0	homemade tomato chutney(v)(gf)	2.0

gluten friendly bread option 2.0  
 (v) vegan (gf) gluten-free

<b>Lentil &amp; Vegetable Soup(v)</b> homemade soup, vegetables, lentils, sourdough	small	10.5
	large	14.5
<b>Dips &amp; Bread (v)</b> House made dips, warm organic turkish bread	small	10.5
	large	14.5
<b>B.L.T</b> free-range bacon, lettuce, tomato, organic turkish bread, aioli		14.5
<b>Pumpkin &amp; Greens(v)(gf)</b> roasted pumpkin wedge, seasonal greens, beetroot hummus, hemp seeds, toasted tamari seeds		18.5
<b>Earthy Pleasures Buddha Bowl(v)(gf)</b> brown rice topped with roasted orange & purple sweet potato, spiced black beans, grilled broccolini, red cabbage & kale-slaw, corn on the cob, dressed in a tahini & lemon dressing served with roasted red capsicum & pumpkin hummus.		19.5
<b>Field Mushroom Burger (v)</b> roasted field mushrooms, bourbon & espresso bbq glaze, cabbage & Kale slaw, vegan aioli, organic bun		17.5
<b>Free-Range Beef Burger</b> grass-fed beef, free-range smoked bacon, cos lettuce, cheddar cheese, caramelised onion, house-pickled zucchini & beetroot, earthy pleasures bourbon & espresso bbq sauce, organic bun.		18.5
	Add fried free-range egg	3.5
	Make it hot & spicey with Pickled Jalapeno's & Sriracha	3
<b>Cheeseburger</b> grass-fed beef, cheddar cheese, cos lettuce & tomato sauce, organic bun		12.5
<b>Cheese &amp; Tomato Toastie (not available gluten free)</b>		8
<b>Chicken &amp; Pesto Toastie (not available gluten free)</b> free-range chicken breast, avocado, cheddar, pesto, turkish bread		16.5
<b>Vegan Toastie(v) (not available gluten free)</b> mushroom, spinach, roasted capsicum, vegan feta, pesto, turkish bread		16.5
<b>Bowl of Chips (v)</b>		8.0
	As a side	4.5

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